

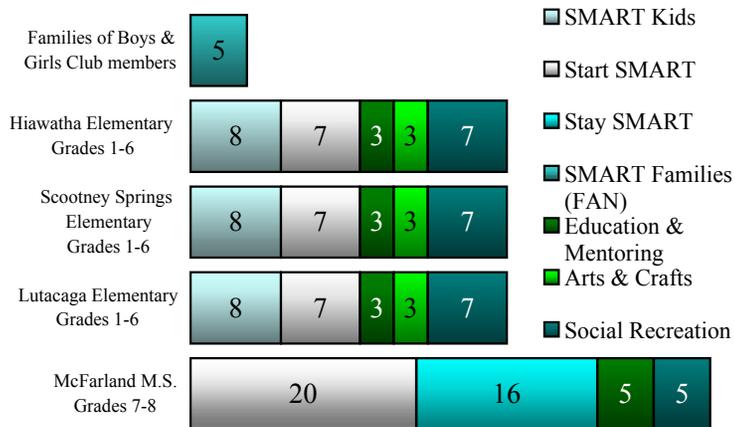
A Guide to the Community Projects

December 2000, Project Action Plan

Othello Prevention Collaboration

Program Services	Risk Factors									Protective Factors						Science Rigor	Annual Program Service Cost
	Extreme Economic Deprivation	Early Initiation of the Problem Behavior	Friends Who Engage in the Problem Behavior	Favorable Parental Attitudes and Involvement in the Problem Behavior	Academic Failure	Lack of Commitment to School	Healthy Beliefs and Clear Standards	Opportunities for Prosocial Involvement	Social Skills	Bonding: Attachment to Prosocial Peers							
SMART Kids (6-9)	♦	♦	♦	♦						♦	♦	♦	♦			5	\$6,900
Start SMART (10-12)	♦	♦	♦	♦						♦	♦	♦	♦			5	\$6,900
Stay SMART (13-15)	♦	♦	♦	♦						♦	♦	♦	♦			5	\$6,900
SMART Families (FAN)	♦	♦	♦	♦						♦	♦	♦	♦			5	\$1,932
Education & Mentoring	♦	♦	♦	♦	♦	♦				♦	♦	♦	♦			3	\$14,000
Arts & Crafts	♦	♦	♦	♦	♦	♦				♦	♦	♦	♦			1-2	\$18,000
Social Recreation	♦	♦	♦	♦						♦	♦	♦	♦			1-2	\$25,000

Annual Target Population



Anticipated Changes

Anticipated Number of Participants

- SMART Kids (ages 6-9)**
Increase knowledge of ATOD harmful effects
Show some improvement on report cards
- Start SMART (ages 10-12)**
Learn positive conflict resolution skills
Learn positive future planning
- Stay SMART (ages 13-15)**
Learn life planning skills
Learn about media manipulation
- SMART Family: Family Support Group**
Show good participation in family support programs
Show more involvement in child's activities
Increase family awareness of drug problems
- Education & Mentoring Program**
Increase computer technical knowledge
Show an improvement in grades
Have access and instruction on computer
Use tutors more often
- Arts & Crafts Prevention Program and Social Recreation**
Participate in fairs, art contests
Increase community awareness

- Increase knowledge of the arts and cultural activities available
- Improve self-awareness and self-esteem
- Increase communication skills
- Anticipated changes repeated across multiple SMART programs**
- Learn peer pressure awareness and defenses
- Interact positively on a daily basis
- Increase exposure to mentoring adults with strong healthy beliefs
- Learn positive conflict resolution skills
- Learn refusal skills



**State Incentive Grant
COMMUNITY-BASED PREVENTION ACTION PLAN IMPLEMENTATION MATRIX**

Community Project Name: Othello Prevention Collaboration

Lead Agency for SIG Community Project: City Of Othello

Address of Lead Agency: 500 East Main, Othello Wa. 99344

Phone number/e-mail of Lead Agency: 509-488-5686

Project Director: Rhonda Miller; Program Contact: Ryan Graves (509) 764-9694

PRG SVC #	Program Service Name	Science Rigor	Budget	Beginning	End	Provider	Location
1	Youth Development - Education & Mentoring - Arts & Crafts/Recreation - Infrastructure for the SMART Programs	1,2	\$10,516	07/01	06/02	Boys and Girls Club of America	Boys & Girls Club and/or Selected offsite locations for field trips
	\$30,952		07/01	06/02			
2	Family Support Program	1	\$2,000	07/01	06/02		Boys & Girls Club
3	SMART Moves - (a) SMART Kids (6-9) - (b) Start SMART (10-12) - (c) Stay SMART (13-15) - (d) SMART leaders	5	\$20,700	10/01	06/02	Boys & Girls Club	
	09/01			06/02			
	07/01			06/02			
TOTAL			\$64,168				

List Partners: (Indicate specific contribution to prevention service specified, such as: deliver services, in-kind (space, etc), funds, referrals)

<ul style="list-style-type: none"> • City of Othello • Adams County Community Counseling • Othello School District • Othello Police Dept. • Adams County Community Network 	<ul style="list-style-type: none"> • Lead agency, fiscal review, administrative support, volunteers PAID – volunteers • Fiscal agent, prevention support • WSSAHB, referrals from teachers, follow up • Demonstrations, presentations, participation volunteers
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Approval Date: _____

Approved By: _____
State Incentive Grant Project Director

NAME OF PREVENTION PROGRAM: City of Othello

1.		2.		3.		4.	
RISK FACTOR PRIORITIZED		RISK FACTOR(S) INDICATOR		PROTECTIVE FACTOR(S) PRIORITIZED		PROTECTIVE FACTOR(S) INDICATOR	
Prg Svs #*				Prg Svs #*			
1	<ul style="list-style-type: none"> Economic & social deprivation Academic failure Low school attachment Lack of commitment to school 	<ul style="list-style-type: none"> Othello drop out rate is 37% higher than the State Othello 4th, 7th, 10th test grades are below state averages 	<ul style="list-style-type: none"> 74% of school lunches are free or reduced Adams Co. unemployment rate is twice the State rate Adams Co. drug arrests in 10-14 year olds was 8.73 compared to 2.16 for the state Adults 18 and over admitted to ATOD program is higher than state average. State average is 9.08%, Adams is 13.5%. 	1	<ul style="list-style-type: none"> Healthy Beliefs Attachment to adults with good morals Social skills 	<ul style="list-style-type: none"> Vandalism Drop outs 	
2	<ul style="list-style-type: none"> Favorable attitudes toward problem behaviors by family 			3	<ul style="list-style-type: none"> Encourage goal setting Bonding with kids/peers 	<ul style="list-style-type: none"> Ownership Attendance at classes 	
3 a,b	<ul style="list-style-type: none"> Early initialization of problem behavior 			2	<ul style="list-style-type: none"> Opportunities for pro-social involvement Skills resistance 	<ul style="list-style-type: none"> Alienation Apathy Thinks it COOL to use Extracurricular involvement with kids 	
c, d	<ul style="list-style-type: none"> Friend who use/engage in problem behavior Favorable attitudes toward drug use 						

* See Table on page one for key to program services

NAME OF PREVENTION PROGRAM: City of Othello

5.		6.			7.	
RESOURCE ASSESSMENT (for Risk Factor/Protective Factor)		PROBLEM(S) RELATED TO PRIORITIZED:			ANTICIPATED IMMEDIATE CHANGES Related to participation in Prevention Services (refers to immediate outcomes)	
Available	Missing	Risk Factor	Protective Factor	Resource Gaps	Prg Svs #*	
<ul style="list-style-type: none"> Othello School district PTA Local Youth Groups Hey Kids DARE Adams County Community Counseling DSHS Community Organizations Food Bank Churches Othello Library Victory Enterprises A few home computers Local Artists Old Hotel Art Gallery Othello Museum Othello Bowl Local Youth Groups Parks & Recreation 	<ul style="list-style-type: none"> Year round activities Consistency in providers Low cost opportunities Accessibility After School Program being terminated Second Language Programs Doesn't address Violence Doesn't encourage community involvement Few local computer jobs Volunteers 	<ul style="list-style-type: none"> Transportation Limited opportunities Affordable programs Time Lack of family leadership and encouragement Unemployment Domestic violence Single parent homes Kids are hungry Household adults all work 	<ul style="list-style-type: none"> Role model No family involvement Incentive Lack of volunteers Social and community isolation Latch key kids Poor school attendance Apathy Access 	<ul style="list-style-type: none"> Parents not involved Consistent programming Lack of facilities Materials not in additional languages Not enough after school programs Truancy not enforced Resource Gaps Parents not involved Materials in additional languages Consistent programming Variety and quantity of programs 	2, 3	<ul style="list-style-type: none"> Increased knowledge of ATOD harmful effects
					3c,d	<ul style="list-style-type: none"> Learn refusal skills Establish peer leadership qualities and participate in SMART Leaders
					3	<ul style="list-style-type: none"> Attain positive role models from staff
					1, 3c	<ul style="list-style-type: none"> Develop peer pressure awareness and defenses Positive conflict resolution skills taught Learn life planning skills
					2	<ul style="list-style-type: none"> Increased family awareness of drug problems
1	<ul style="list-style-type: none"> Show an improvement in grades Increasing attachment to community Increase knowledge of the arts and cultural activities Increased bonding to school 					

* See Table on page one for key to program services

NAME OF PREVENTION PROGRAM: City of Othello

8.					9.					
TARGET POPULATION					ELIGIBILITY TO PARTICIPATE (Criteria)					
Prg Svs #*	YOUTH			School Survey				Prg Svs #*	ADULT	
	Proposed	Description (by grade, ethnicity)	By School						Fall 00	Proposed
3 (a)	24	1 st through 6 th grade	Hiawatha Elementary Lutacaga Elementary Scootney Springs Elementary		1, 2, 3	17	Volunteers for all (1-7) programs (police, professional artists, etc.)	Volunteers in all programs must complete application		
1	50				3 (d)	2	7 th through 12 th grade (peer leaders)	School district kids 6 to 9 years and are a member		
3 (b)	20	5 th through 8 th grade	Hiawatha Elementary Lutacaga Elementary Scootney Springs Elementary McFarland Jr. High		3 (d)	1	9 th through 12 th grade (peer leaders)	School district kids 10 to 12 years and are a member		
1	20									
3 (c)	16	7 th through 10 th grade	McFarland Jr. High		3 (d)	1	11 th – 12 th grade (peer leader)	School district kids 13 to 15 years old and are Club member		
3 (d)	5	9 th through 12 th grade	Othello High School		2	5	Family Support Program	Parents and siblings of a member child		

NAME OF PREVENTION PROGRAM: City of Othello

10.		11.			12.	
PROGRAM ACTIVITY(S) Related to Prevention Actions and Program Services		Institute of Medicine PREVENTION DEFINITION			DOMAIN(S) OF ACTIVITY(S)	
Prg Svs #		Rigor	Universal	Selective	Indicated	(Community, family, school, individual)
1	<p>Youth Development:</p> <ul style="list-style-type: none"> • Daily Arts & Crafts projects • Quarterly cultural events such as the Sand Hill Crane Festival, Fiesta Amistad, and Halloween and Christmas carnivals • Incentives available for Smart Moves participation • Home work recognition Power Hour helps to establish a routine for doing homework 	1,2	X			Individual/Community
2	<p>Family Support Program:</p> <ul style="list-style-type: none"> • Sessions to focus on specific topics such as family problems, parent education, supervision and discipline, and peer support for parenting efforts • Family activities that incorporate youth activities 	1		X		Family
3a, b, c, d	<p>SMART Moves:</p> <ul style="list-style-type: none"> • Prevention is incorporated in Smart Moves • Incentive program for completion of Smart Moves • Leadership skill • Communication skills • Conflict resolution skills • Sponsor drug free events • Team activities <p>SMART Program activities include:</p> <ul style="list-style-type: none"> • Role playing, group activities, and discussion to promote social skills • Includes peer resistance skills, problem solving skills • Activities which incorporate information on group norms regarding use • Activities that incorporate information on health consequences and prevalence of alcohol, tobacco and other drug use by youth and adults. 	5	X			Individual

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13.		14.			15.	16.	
PROTECTIVE FACTORS/COMPONENTS/INCENTIVES ADDRESSED IN EACH ACTIVITY		DOSAGE OF EACH ACTIVITY(S).			LOCATION OF EACH ACTIVITY(S)	ACTIVITY BEGIN AND END DATES	
Prg Svs #*		<i>Number of cycles per session</i>	<i>Number of sessions each program cycle</i>	<i>Length (in hours) of each session</i>		<i>Begin</i>	<i>End</i>
3 (a)	Incentive program for completion of Smart Moves	2 months each, 4	8	one-hour classes	Boys & Girls Club and/or Selected offsite locations for field trips	10/01 12/01	11/01
3 (b)	Incentive program for completion of Smart Kids	2 months each, 4	8	one-hour classes		09/01	06/02
3 (c)	Incentive program for completion of Start Smart	2 months, 2	12	one-hour classes		07/01	06/02
3 (d)	Incentive program for completion of Stay Smart	2 months, 1	5	one and ½ hour classes		07/01	06/02
2	Teaches drug awareness and prevention Parents can help children make healthy choices Parents and staff are partners Potluck Recognition Night	2 months, 1	8	one-hour classes	Boys & Girls Club	07/01	06/02
1	Pizza and social time for completing homework	ongoing	3 per day 1per day (Power Hour)	45 minutes 1 hour	Boys & Girls Club	07/01	06/02
1	Skills	2 per day		45 minutes each		07/01	06/02
1	Bonding Recognition Healthy beliefs	daily		4.5 hours per day		07/01	06/02